

*NEO United High School Girls Program
Registration Form*

Please complete and return via email to: deanrr@hiram.edu or print and return to the address below

*MANDATORY Player Evaluation & Orientation Session
Sunday, October 25 4:00-7:00 p.m.
NC Soccer Club*

First Name:

Last Name:

(Returning Players: Uniform #)

Address:

City:

Zip:

Home Phone:

Birthdate:

High School:

Player Cell Phone:

Player Email:

Mother's Full Name:

Cell Phone:

Mother's Email:

Father's Full Name:

Cell Phone:

Father's Email:

Do you live with both parents? Yes No If not, which parent do you live with:

**Fee Information
Payment Options:**

Session 1 \$160.00
Session 1+2 \$320.00
Session 1+2+3 \$425.00

Payment must be made in full prior to **11/8/09**
Payment must be made in full prior to **12/20/09**
Payment must be made in full prior to **11/8/09 to receive
discount** or you must be enrolled in the NC Payment Plan
(details available at the orientation meeting)

ALL NEW PLAYERS: Gear Order \$60.00

Uniforms & Tshirts

Shorts:

AS AM AL AXL AS AM AL AXL

Returning Players if you are interested in purchasing additional gear, please write in what you want below:

NEO United

High School Girls Indoor Training & Play

The NEO United Soccer Club *High School Girls Program*, under the direction of Bob Dean, Head Women's Soccer Coach at Hiram College, will once again be sponsoring High School Girl's teams for intensive training and competition for three (3) winter indoor sessions and spring outdoor play. We are looking to serve players who desire to achieve the next level of play:

- *High school varsity players who are looking to train on a near year-round basis and who do not want to invest a tremendous sum of money for high-quality, professional training and who would like exposure to college coaches for recruiting purposes*
- *High school junior varsity players who would like to train to the level to be able to compete for a place on their varsity team next year*
- *Premier Club players who would like additional high-quality training that will not interfere with their premier club participation*

*Evaluation Session for ALL Interested Players:
Sunday, October 25, 2009 @ the NC Soccer Club in Hudson
4:00-7:00 p.m.*

The program will consist of:

- *Two (2) weekly one-hour training sessions at the N.C. Soccer Club*
- *Participation in the N.C. Club league play and "club friendlies" in other facilities*
- *Two (2) indoor tournaments (college showcase tournaments for the older teams) and two (2) outdoor tournaments (college showcase tournaments for the older teams)*
- *Club-Sponsored Collegiate Showcase events in the winter and the spring*
- *Fitness, agility, and goalkeeper training*
- *Online evaluations of players at the conclusion of each indoor session*
- *Player/parent seminars on nutrition, fitness, and preparing for college soccer*
- *Recommendations for collegiate contacts and recruiting assistance*

Cost: \$160.00 per session (all inclusive: 2x weekly trainings, matches, seminars, evaluations)
 \$320.00 per two sessions
 \$425.00 if pre-registered for all three Indoor Sessions
 \$60.00 MANDATORY Uniform/Gear package **FOR NEW PLAYERS TO THE CLUB** (Red uniform, black tshirt uniform, grey training shirt, black shorts, red and black socks)
 All tournament fees will be additional for those participating

Dates: **Session I: 11/1-12/31**
 Session II: 1/2 – 2/18
 Session III: 2/19 – 4/1

Directions: www.ncsoccerhudson.com

Trainings: TBA some training sessions will take place in early afternoon hours (4-6 p.m.)

Matches: Sundays (primary) & Wednesdays (secondary)

Staff Coaches:

- Bob Dean, Head Women's Soccer Coach, Hiram College
- Carl Capellas, Head Men's Soccer Coach, Hiram College
- Fred Meindl, Asst. Men's & Women's Coach, Hiram College
- Bob Armentrout, former Asst. Coach, N. Olmsted High School
- James Furth, former Asst. Coach, Hudson High School

For more information, contact Bob Dean at 330.283.6602 or deanrr@hiram.edu

*NEO United
High School Girls Program
Expectations & Guidelines*

Thank you for choosing to be a part of the NEO United Soccer Club. I am very much honored to continue to be a part of this organization. I have been a part of the NC Soccer Club for almost 30 years and we all should be grateful for the work this organization has done for youth soccer in this area during those years.

We will be treating this age group and program as a preparation experience for girls interested in being highly competitive high school varsity players and potential collegiate players. Our expectations aren't nearly as much about winning and losing as they are about **maturity, "professionalism," organization, development, learning, playing and training hard, and having as much fun as possible while doing everything with great intensity.** Here is a brief list of essential expectations for the program:

- We will train twice (2x) weekly throughout the sessions with matches on Wednesdays and the occasional Sunday
 - Training attendance WILL impact playing time in matches
 - Training focus, attention, maturity and intensity WILL impact playing time
 - Lack of communication about attendance issues WILL impact playing time
 - Players will establish goals and be evaluated according to the goals they set
- Select players will participate in two (2) indoor tournament during the course of three sessions
- Players are responsible for the following:
 - Players will attend all training sessions and being at least 5-10 min. early for sessions
 1. If a player is unable to attend, the PLAYER should contact the coach regarding the absence
 2. If possible, the PLAYER should inform the coach at least 24 hrs. in advance
 - Players will immediately report to the field for training and begin a warm-up run and brief stretching routine as outlined by the coaches
 - Players must bring their own ball properly inflated
 - Players will wear the designated training t-shirt to all training sessions w/black or red shorts and white socks
 - Players will provide their own water supply at the training field
 - Players should plan on a 5-10 min. debriefing meeting with the coaches following each training session
 - Players should bring the two (2) designated uniforms to all matches w/their black team shorts along with both red and black socks

- Players will attend all matches and should be at least 15-20 min. early for each match
 1. If a player is unable to attend, the PLAYER should contact the coach regarding the absence
 2. If possible, the PLAYER should inform the coach at least 24 hrs. in advance
- Players should immediately gear up and go for a brief run/jog in/around/outside the facility and stretch prior to the beginning of each training session and match
- Please be considerate of all spectators and teams while warming up in the facility
- There is no need for a ball to be used unless on the fields for training and matches
 - Players should plan on a pre-match briefing with the coaches 5-7 prior to the designated start time
 - Players should be prepared to immediately start the match once they enter the field
- Bring gear and bag over to the bench area
- Begin the designated warm-up exercise on the field as soon as possible with a ball

Finally, we will provide the players with an online evaluation in the middle of the winter indoor season to help them measure their progress and assess their own development toward their goals. Providing feedback is extremely important and the players WILL CONSTANTLY BE ENCOURAGED to ask questions and seek out as much feedback as possible.

If you have any questions over the course of the session, please do not hesitate to ask us or contact us via email or phone. Thank you and we are very much looking forward to working with the players.

Tournaments:

- We will be hosting one college coach invitation showcase in February as well as attending at least one other indoor tournament over the Holidays
- All tournament expenses are in addition to normal fees
- We will also be hosting an outdoor college coach invitation showcase this spring here at NC to increase the visibility of our players to college coaches
- The NC Soccer Club will host tournaments regularly, especially in the spring, and they will be the most cost-effective tournaments to attend as well
- Memorial Day weekend will also be a targeted tournament weekend

College Preparation:

- Head Coach Bob Dean is willing to meet individually with any player/family to discuss the process of college recruitment and to aid in contacting colleges on the behalf of the players
- Juniors and Seniors who have a desire to play in college must complete a "Player Profile" by November 30, 2009
- We will present a workshop on the Recruiting Process to club member players during the mid-winter time frame (late February/early March) and we would strongly encourage you to attend
- We will be making every attempt to expose our players through club play, tournaments, and showcases within reasonable expectations and cost for families

NEO United High School Girls Program
 c/o Bob Dean
 893 Admore Drive
 Kent, Ohio 44240